

Now the Lord had prepared a great fish to swallow Jonah. And Jonah was in the belly of the fish three days and three nights.
- Jonah 1:17

V.1: We decide whether the discipline of the Lord
_____ or _____ our hearts.

"I will bring the one-third through the fire, will refine them as silver is refined, and test them as gold is tested. They will call on My name, and I will answer them. I will say, 'This is My people'; and each one will say, 'The Lord is my God.'" – Zechariah 13:9

Sometimes we won't let go of our sin until the
"_____" becomes unbearable.

Because our Heavenly Father loves us, He does everything possible to help us live the way that will benefit us most - _____ and in _____.

Blessed is the man whom You instruct, O Lord, and teach out of Your law... - Psalm 94:12

V.2: Our Heavenly Father hears our prayers because
we're _____.

We run from the Lord because we think we're missing out on something _____ than what He has for us.

V.7: The unchanging hope of the believer is this truth –
"The Lord _____."

V.9: Jonah begins thanking God for his deliverance while he's _____ the "great fish".

V.10: Deliverance can be a _____ business.