



In The Valley: What To Do On The Worst Day Of Your Life

For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

- Hebrews 4:15-16

The first thing we need to do is _____.

Then, when Mary came where Jesus was, and saw Him, she fell down at His feet, saying to Him, "Lord, if You had been here, my brother would not have died." Therefore, when Jesus saw her weeping, and the Jews who came with her weeping, He groaned in the spirit and was troubled. And He said, "Where have you laid him?" They said to Him, "Lord, come and see." Jesus wept.

- John 11:32-35

Recognize that the "why" is probably not _____ but the natural consequences of humanity's rejection of _____.

"...all things work together for good to those who love God..."

- Romans 8:28

Resist the urge to panic over _____.

Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness. "The Lord is my portion," says my soul, "Therefore I hope in Him!" - Lamentations 3:22-24

"Give us this day our daily bread." - Matthew 6:11

"...do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble." - Matthew 6:34

Remember that Jesus is _____.

"...I am with you always..." - Matthew 28:20

How we handle the worst day of our lives will be more greatly impacted by how we have lived the days that came _____ it than by anything we do _____ that day.

3 Things We Need To Settle NOW:

1) _____

Forever, O Lord, Your word is settled in Heaven. - Psalm 119:89

2) God's _____

Oh, taste and see that the Lord is good; blessed is the man who trusts in Him! - Psalm 34:8

3) _____

...he who doubts is like a wave of the sea driven and tossed by the wind. - James 1:6